

Language Self-Assessment: Understanding

Instructions: Read the descriptions for the six different skill levels. Think about your language skills and select the level that most closely matches your skills in listening and reading.

Name: _____ Language: _____

Listening Level: _____ Reading Level: _____

LEVEL		LISTENING	READING
BASIC USER	A1	I can understand familiar words and very basic phrases concerning myself, my family, and my immediate concrete surroundings when people speak slowly and clearly.	I can understand familiar names, words, and very simple sentences, for example on notices and posters or in catalogs.
	A2	I can understand phrases and the highest frequency vocabulary related to areas of most immediate personal relevance (for example, very basic personal and family information, shopping, local area, employment). I can catch the main point in short, clear, simple messages and announcements.	I can read very short, simple texts. I can find specific, predictable information in simple everyday material such as advertisements, menus, and timetables and I can understand short, simple personal letters.
INDEPENDENT USER	B1	I can understand the main points of clear standard speech on familiar matters regularly encountered in work, school, and leisure. I can understand the main point of many radio or TV programs on current affairs or topics of personal or professional interest when the delivery is relatively slow and clear.	I can understand texts that consist mainly of high frequency everyday or job-related language. I can understand the description of events, feelings, and wishes in personal letters.
	B2	I can understand extended speech and lectures and follow even complex lines of argument provided the topic is reasonably familiar. I can understand most TV news and current affairs programs. I can understand the majority of films in standard dialect.	I can read articles and reports concerned with contemporary problems in which the writers adopt particular attitudes or viewpoints. I can understand contemporary literary prose.
PROFICIENT USER	C1	I can understand extended speech even when it is not clearly structured and when relationships are only implied and not signaled explicitly. I can understand television programs and films without too much effort.	I can understand long and complex factual and literary texts, appreciating distinctions of style. I can understand specialized articles and longer technical instructions, even when they do not relate to my field.
	C2	I have no difficulty in understanding any kind of spoken language, whether live or broadcast, even when delivered at fast native speed, provided I have some time to get familiar with the accent.	I can read with ease virtually all forms of the written language, including abstract, structurally or linguistically complex texts such as manuals, specialized articles, and literary works.

Language Self-Assessment: Speaking and Writing

Instructions: Read the descriptions for the six different skill levels. Think about your language skills and select the level that most closely matches your skills in spoken interaction, spoken production, and writing.

Name: _____ Language: _____

Spoken Interaction Level: _____ Spoken Production Level: _____ Writing Level: _____

LEVEL		SPOKEN INTERACTION	SPOKEN PRODUCTION	WRITING
BASIC USER	A1	I can interact in a simple way provided the other person is prepared to repeat or rephrase things at a slower rate of speech and help me formulate what I'm trying to say. I can ask and answer simple questions in areas of immediate need or on very familiar topics.	I can use simple phrases and sentences to describe where I live and people I know.	I can write a short, simple postcard, for example sending holiday greetings. I can fill in forms with personal details, for example entering my name, nationality, and address on a hotel registration form.
	A2	I can communicate in simple and routine tasks requiring a simple and direct exchange of information on familiar topics and activities. I can handle very short social exchanges, even though I can't usually understand enough to keep the conversation going myself.	I can use a series of phrases and sentences to describe in simple terms my family and other people, living conditions, my educational background, and my present or most recent job.	I can write short, simple notes and messages. I can write a very simple personal letter, for example thanking someone for something.
INDEPENDENT USER	B1	I can deal with most situations likely to arise while traveling in an area where the language is spoken. I can enter unprepared into conversation on topics that are familiar, of personal interest, or pertinent to everyday life (for example, family, hobbies, work, travel, and current events).	I can connect phrases in a simple way in order to describe experiences and events, and my dreams, hopes, and ambitions. I can briefly give reasons and explanations for opinions and plans. I can narrate a story or relate the plot of a book or film and describe my reactions.	I can write simple connected text on topics that are familiar or of personal interest. I can write personal letters describing experiences and impressions.
	B2	I can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible. I can take an active part in discussion in familiar contexts, accounting for and sustaining my views.	I can present clear, detailed descriptions on a wide range of subjects related to my field of interest. I can explain a viewpoint on a topical issue, giving the advantages and disadvantages of various options.	I can write clear, detailed text on a wide range of subjects related to my interests. I can write an essay or report, passing on information or giving reasons in support of or against a particular point of view. I can write letters highlighting the personal significance of events and experiences.
PROFICIENT USER	C1	I can express myself fluently and spontaneously without much obvious searching for expressions. I can use language flexibly and effectively for social and professional purposes. I can formulate ideas and opinions with precision and relate my contribution skillfully to those of other speakers.	I can present clear, detailed descriptions of complex subjects, integrating sub-themes, developing particular points, and rounding off with an appropriate conclusion.	I can express myself in clear, well-structured text, expressing points of view at some length. I can write about complex subjects in a letter, an essay, or a report, underlining what I consider to be the salient issues. I can select a style appropriate to the reader I have in mind.
	C2	I can take part effortlessly in any conversation or discussion and have a good familiarity with idiomatic expressions and colloquialisms. I can express myself fluently and convey finer shades of meaning precisely. If I do have a problem, I can backtrack and restructure around the difficulty so smoothly that other people are hardly aware of it.	I can present a clear, smoothly-flowing description or argument in a style appropriate to the context and with an effective logical structure that helps the recipient to notice and remember significant points.	I can write clear, smoothly-flowing text in an appropriate style. I can write complex letters, reports, and articles that present a case with an effective logical structure that helps the recipient to notice and remember significant points. I can write summaries and reviews of professional or literary works.